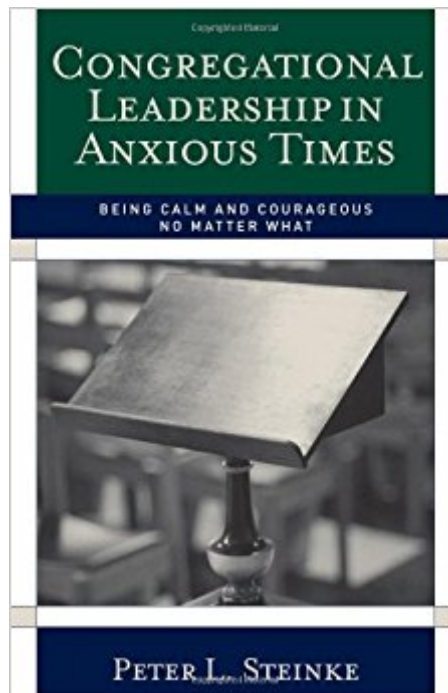


The book was found

Congregational Leadership In Anxious Times: Being Calm And Courageous No Matter What



Synopsis

Anxious times call for steady leadership. When tensions emerge in a congregation, its leaders cannot be as anxious as the people they serve. To remain effective, congregational leaders must control their own uneasiness. This takes self-awareness and confidence to manage relationships and influence behaviors. Knowing how to deal with anxiety and how to work through complex challenges can lead a congregation to new insights, growth, and vitality. Anxious times hold not only the potential for loss but also for creation, important learnings, and changes that will strengthen the congregation. With this new book, internationally respected consultant Peter Steinke goes deeper into the requirements of effective congregational leadership. Born from the wisdom of Steinke's distinguished career, this new volume will both enlighten and embolden leaders. Steinke inspires courage in leaders to maintain the course, unearth secrets, resist sabotage, withstand fury, and overcome timidity or doubts. His insights, illustrations, and provocations will carry leaders through rough times, provide clarity during confusing times, and uplift them in joyous times.

Book Information

Paperback: 183 pages

Publisher: Rowman & Littlefield Publishers (November 20, 2006)

Language: English

ISBN-10: 1566993288

ISBN-13: 978-1566993289

Product Dimensions: 5.6 x 0.5 x 8.4 inches

Shipping Weight: 1.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (60 customer reviews)

Best Sellers Rank: #53,663 in Books (See Top 100 in Books) #22 in [Books > Christian Books & Bibles > Ministry & Evangelism > Sermons](#) #69 in [Books > Christian Books & Bibles > Churches & Church Leadership > Church Leadership](#) #879 in [Books > Religion & Spirituality > Worship & Devotion](#)

Customer Reviews

Generation to Generation: Family Process in Church and Synagogue I am an evangelically-minded United Methodist pastor working on my Doctor of Ministry at Asbury Theological Seminary. It was through this program that I encountered this book. As I read it, I had an "Aha!" moment on every page. Repeatedly, I found myself saying, "Now I understand why this happened...why s/he said

this...why I felt that..."Steinke has specialized in making the Family Systems theory of Murray Bowen, as taught by his personal mentor Edwin Friedman, accessible to and practical for Christian leaders and congregations. He accomplishes this task exceedingly well, not only in this book, but in "Healthy Congregations" and "How Your Church Family Works." I heartily recommend any of these three books to any congregational leader (lay or clergy) who wants to understand the emotional dynamics that drive the anxiety, tension, and conflict in so many congregations. Steinke's (and Bowen's and Friedman's) advice to leaders could be summarized in three simple statements: 1- Regulate your anxiety; 2- Define or differentiate yourself in terms of values and beliefs; 3- Stay in touch with the people in the midst of their issues. These are simple to say, but not so simple to DO. You will have to read the book(s) to gain a full understanding of what these statements mean. And you will spend the rest of your life learning how to do them. They are not "quick fixes." If you're looking for "quick fixes," don't read this book.

[Download to continue reading...](#)

Congregational Leadership in Anxious Times: Being Calm and Courageous No Matter What
Creating a Healthier Church: Family Systems Theory, Leadership and Congregational Life (Creative Pastoral Care and Counseling Series)
Calm My Anxious Heart: A Woman's Guide to Finding Contentment (TH1NK Reference Collection)
The Leadership Pipeline: How to Build the Leadership Powered Company (J-B US non-Franchise Leadership)
Balance and Calm: Adult Coloring Book Art Therapy for Grownups (Adult Coloring Books, Balance Coloring Book, Calm Coloring Book)
(Volume 1)
Cross-Stitch to Calm: Stitch and De-Stress with 40 Simple Patterns (Craft To Calm)
Crochet to Calm: Stitch and De-Stress with 18 Colorful Crochet Patterns (Craft To Calm)
Rays of Calm: Relaxation for Teenagers (Calm for Kids)
The St. Michael Hymnal: A Congregational Missal and Hymnal for the Celebration of Sung Mass in the Roman Rite
Leading Congregational Change: A Practical Guide for the Transformational Journey
The Prism of Piety: Catholick Congregational Clergy at the Beginning of the Enlightenment (Religion in America)
Calder by Matter: Herbert Matter Photographs of Alexander Calder and his Work
You and Your Anxious Child: Free Your Child from Fears and Worries and Create a Joyful Family Life (Lynn Sonberg Book)
Bloom: 50 Things to Say, Think, and Do with Anxious, Angry, and Over-the-Top Kids
Insecure in Love: How Anxious Attachment Can Make You Feel Jealous, Needy, and Worried and What You Can Do About It
"Do Not Worry, Do Not Be Anxious, Do Not Be Afraid": A Self-Help Manual for People Who Worry a Lot and Suffer Anxiety
and Fear Pets on the Couch: Neurotic Dogs, Compulsive Cats, Anxious Birds, and the New Science of Animal Psychiatry
A "5" Could Make Me Lose Control! An activity-based method for evaluating and supporting highly anxious students
Animal Madness: How Anxious Dogs,

Compulsive Parrots, Gorillas on Drugs, and Elephants in Recovery Help Us Understand Ourselves
God Unbound: Wisdom from Galatians for the Anxious Church

[Dmca](#)